



# Square Dancing Hub

A PORTAL FOR THE PROMOTION AND PRESERVATION  
OF SQUARE DANCING, ROUND DANCING & CLOGGING  
IN QUEENSLAND AND BEYOND

## The Hub - March 2017

### Working Bee at the Clontarf Community Hall

On Sunday, 5th March, Sid and Lynette arranged for a working bee to do some maintenance at the Hall.

The plan was to strip out the old male toilet shed and turn it into a storage area. We also had to remove a dangerous lean-to that ran between the old sheds. A keen group of dancers joined us for a very productive afternoon.

With tools in hand, the men attacked the shed with much excitement. It was totally stripped of fittings and cleaned out so that larger items collected for our fundraising garage sale could be stored within. A massive load of rubbish was taken to the dump with a second load awaiting removal as well.

While the boys were out the back, the girls were working up a storm inside the hall sorting clothes and other items that were donated for the garage sale.

Huge thanks to Greg, Jim, Sharyn, George, Robyn Crans, Barrie, Howard, John, Robyn Grimes, Helen, Caroline, David and Tracy. We really appreciate you volunteering your time to help us.



## **DISCLAIMER**

The opinions expressed in this publication are those of the individual contributors and may not necessarily agree with the opinions of the Admin Team at the Square Dancing Hub nor are we responsible for any goods advertised for sale.



**THANK-YOU**



# Free Fun Night

Come along for a night of.....

Dancing, Sorting, Hanging, Pricing,  
Setting up tables, More Dancing,  
More Sorting, More Pricing etc etc

Help us set up for the Garage Sale  
and get first pick of the goodies !

**Friday 21st April 2017**

**6.30 pm**

Clontarf Community Hall - 34 Cornelius Street, Clontarf  
**Casual attire - All welcome**



# Clontarf Community Hall - Our Involvement

The Clontarf Beach Progress Association has been an active part of the Redcliffe community for over 70 years. As a committee, we are responsible for the running and maintenance of the Clontarf Community Hall.

After losing our dance venue in Gerald Avenue, I moved my club, Pine Rangers Square & Round Dance Club to the Clontarf Community Hall in February 1989. As a club, we created many wonderful memories and happily danced on Friday nights in this hall. During that time, my other club Sunshine Rounds also used the hall on Tuesday nights.

Tenants using the hall were encouraged to send along representatives to the Progress Association meetings. These representatives have always been included in discussions with regards to the Hall, the rental and the future of the CBPA. Not long after I started attending the meetings, I took up the position of Secretary for the Association. I held this positon until 2001.

After dancing for 12 years in the hall and celebrating Pine Rangers' 25th Birthday, sadly, family illness forced me to take a break from running a weekly Square Dance Club. When our family situation changed and I was able to think about Calling again, I was very happy to be able to return to the Clontarf Community Hall in 2009 with my new club, Sunshine Square & Round Dance Club. Upon my return to the hall as a tenant, I was invited to take up the position of Secretary on the Progress Association Committee once again.

Over the last 8 years, due to age and illness, we have lost many members from our committee. The number of tenants using the hall has also decreased. Following our decision, 2 years ago, to move Integrity Squares to the hall on a Saturday, Sid and I are now the biggest users of the hall.

For the entire 28 years that I have been involved with the hall, Sid has also been a regular attendee of many of my Pine Rangers or Sunshine Squares functions. My parents booked this hall for my 21st birthday party and Sid and Betty were there. Sid even provided the entertainment. (see photos on page 6)

Over the years, I have often had conversations with Sid about my concerns for the future of our Committee and the hall. I was absolutely ecstatic when last year, he decided that he would like to be involved on the committee, taking on the role of President.

I am grateful to Sid for his commitment to the Clontarf Community Hall and our committee and thank him for taking on a project that was dear to my heart.

I look forward to us working together to improve the hall, returning it to its former glory as a much-loved venue for community groups.

Lynette

## Down Memory Lane

Sid calling at Lynette's 21st Birthday Party - March 1989



## Wavell Whirlaways

**Caller:** Sid & Betty Leighton

**Contact:** 0418 724 636

**Sessions:** Wednesday 6.45 - 10.00pm

**Venue:** Enoggera Bowls Club, 72 Pickering Street, Enoggera



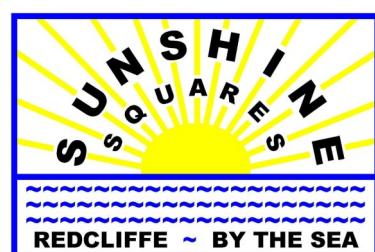
## Sunshine Squares

**Caller:** Lynette & Grahame Macpherson

**Contact:** 0409 679 010 lynette\_macpherson@glc.qld.edu.au

**Sessions:** Friday 7.00 - 9.00pm

**Venue:** Clontarf Community Hall, 34 Cornelius Street, Clontarf



## Integrity Squares

**Caller:** Sid Leighton & Lynette Macpherson

**Contact:** 0418 724 636 / 0409 679 010

**Sessions:** Saturday 11.00 - 1.00 Rounds

Saturday 2.30 - 4.30 Beginners

Saturday 6.00 - 9.30 Plus & Mainstream

Thursday 7.30 - 9.30 Rounds - Beginners

**Venue:** Clontarf Community Hall, 34 Cornelius Street, Clontarf



# **Styling Tips for Better Dancers**

by Dick Waibel

**DANCE STEP** - Shuffle your feet. Put your weight on the ball of your foot, lift your heel off the floor and take short, smooth gliding steps. Lifting your entire foot tires you more rapidly and breaks the dance rhythm.

**MUSIC** - Be a dancer, not a walker! Listen to the music, pick out the beat and take a shuffle step with each beat of music. Walking a call instead of dancing a call does not look good, throws your timing off, affects the timing of the entire square, and results in an uncomfortable dance feeling.

**POSTURE** - Stand erect and tall with your shoulders back and knees slightly bent. BE A PROUD DANCER. Do not lean forward when dancing - this does not look good and will tire a person quickly. Keep a loose relaxed feeling and enjoy the music and calls.

**TIGHT SQUARES** - Keep your squares tight, do not spread out. When dancers form large squares they will be slow in executing the calls. The reason is, they are forcing themselves to cover much more ground. When the squares are small, you have ample time to do the calls

**BELIEVE THE CALLER** - No matter what the Caller calls, DO IT!!! Often dancers will stop if the Caller tells them to do something and they do not know why he told them to do it. This results in a needless breakdown of the square. Don't worry about the 'why' - do as the Caller says. It is the Caller's responsibility to guide you through a call.

**DON'T RUSH A CALL** - Don't rush through the calls! Sometimes dancers seem worried they will not make it through a call and they rush, push and jerk. This disturbs others, can hurt a person and many times causes the square to break down. Just relax, move to the beat of the music and enjoy the call.

**ARM RESISTANCE** - Any time you use your arm to execute a call (e.g.. Allemande Left, Star Thru, Swing Thru, Touch ¼, Turn Thru, etc.), offer resistance with the arm you are using, stiffening it slightly. This smoothes out the move and enables you to exercise control of the call. DO NOT have limp spaghetti arms. This causes you to lose your positioning and result in the square executing the command incorrectly and/or breaking down.

**GENTLEMEN** - The man is always responsible for guiding the ladies to start a call correctly. Men should always be gentle with the ladies when holding their hands, turning them or guiding them in the proper direction. Be firm, BUT NOT ROUGH! Too much show of strength on the part of the man can be painful to the ladies. MEN, always make an effort to be gentle (the ladies do not care how strong you are!).

**JOINING HANDS** - At the completion of any call, you should immediately join hands with the dancer or dancers standing next to you. This helps you to see the formation you are in (e.g., Lines, Waves, etc.) and aids you in doing the next call. Hands should always be joined within one-half second after the completion of any call. Failure to join hands often results in sloppy lines or waves, confusion on where you are, which in turn, causes the square to break down.

**IDENTIFY YOUR POSITION** - Always be aware of the position you are in before you start a call and right after you complete the execution of a call (e.g., are you an end, centre, couple, boy, girl, etc.). This aids you in performing the next call correctly.

**SKIRT WORK** - Ladies, hold your skirt in your free hand about waist high and use a very slightly rhythmical flourish to move the skirt in front and back. Your right hand moves with your left foot, and your left hand moves with your right foot.

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**COURTESY ON THE FLOOR** - Please DO NOT talk while the Caller is explaining something to the dancers. You may not need help but others may and you don't help the Caller or the square by distracting people. If a Caller is walking the dancers through a call, DO NOT get ahead of the Caller's prompting even if you know what is going on. It is not smart! It is inconsiderate of your fellow dancers who want to learn what is being taught. If you deprive your fellow dancers of a good understanding of the call and they break down later, you will be standing right along with them.

**For Dancers For Over 30 Years**

# June & Margaret

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# **ROCK & ROLL WALTZ (RITA'S WALTZ)**

**24 COUNT - 4 WALL WALTZ (CAN BE DANCED AS A COUPLE)**

**CHOREOGRAPHER: JO THOMPSON**

**MUSIC: ROCK & ROLL WALTZ – KAY STARR**

## **DANCE**

### **WALTZ BALANCE STEP**

- 1-3 Step left forward, step right together, step left in place
- 4-6 Step right back, step left together, step right in place

### **WALTZ BALANCE STEP**

- 1-3 Step left forward, step right together, step left in place
- 4-6 Step right back, step left together, step right in place

### **LEFT TWINKLE, RIGHT TWINKLE**

- 1-2 Cross left over right, step right to side, Turning slightly left
- 3 Step left in place
- 4-5 Cross right over left, step left to side, Turning slightly right
- 6 Step right in place

### **LEFT TWINKLE, ROLL (TWIRL) .....3 (TURN $\frac{3}{4}$ RIGHT)**

- 1-2 Cross left over right, step right to side, Turning slightly left
- 3 Step left in place
- 4 Cross right over left
- 5 Turn  $\frac{1}{4}$  right and step left back, Counts 4-5 are on the balls of your feet
- 6 Turn  $\frac{1}{2}$  right and step right forward

### **REPEAT**

ROUND DANCE POSITIONS



BUTTERFLY

HALF-OPEN

TAMARA

ROUND DANCE POSITIONS



CLOSED

BANJO

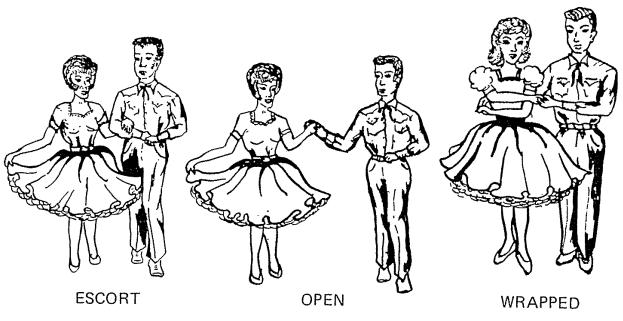
SIDECAR



SKIRT SKATERS

SEMI-CLOSED

VARSOUVIANNA



ESCORT

OPEN

WRAPPED



# **GARAGE SALE**

SATURDAY 22nd APRIL 2017

5 am - 5 pm

**CLONTARF COMMUNITY HALL**

34 CORNELIUS STREET, CLONTARF

# **Donations Wanted**

We will take your unwanted goods

ARTS ~ CRAFTS ~ BOOKS ~ PLANTS ~ COLLECTIBLES

TOYS ~ BABY GEAR ~ FURNITURE ~ BRIC-A-BRAC

**Got something to sell?**

**A small number of tables will be available  
on the day for private stall holders.**

**\$20.00 each**

### Information & Bookings

Lynette Macpherson - 3204 2335

[lynette\\_macpherson@glc.qld.edu.au](mailto:lynette_macpherson@glc.qld.edu.au)

Sid Leighton - 0418 724 636